

NORTH CAROLINA ASSOCIATION OF AREA AGENCIES ON AGING

- **Southwestern Commission/AAA** Phone: 828-586-1962 Fax: 828-586-1968 E-Mail: mary@regiona.org
Contact: Mary Barker Website: www.regiona.org (Congressional District: 11)
- **Land of Sky Regional Council/AAA** Phone: 828-251-6622, ext.115 Fax: 828-251-6353
E-Mail: joeconnolly@landofsky.org Contact; Joe Connolly Website: www.landofsky.org/aaa
(Congressional District : 11)
- **Isothermal Planning and Development Commission/AAA** Phone: 828-287-2281
Fax: 828-287-2735 E-Mail: llynch@regionc.org Contact: Laura Lynch Website; www.regionc.org
(Congressional Districts: 10, 11)
- **High Country Council of Government/AAA** Phone: 828-265-5434 Fax: 828-265-5439
E-Mail: adavie@regiond.org Contact; Anita Davie Website: www.regiond.org (Congressional District: 5)
- **Western Piedmont Council of Governments/ AAA** Phone: 828-322-9191 Fax: 828-322-5991
E-Mail: shelia.weeks@wpcog.org Contact : Sheila Weeks Website : www.wpcogaaa.org
(Congressional District : 10)
- **Centralina Council of Governments/AAA** Phone: 704-372-2416 Fax: 704-347-4710
E-Mail: gwoody@centralina.org Contact: Gayla Woody Website: www.centralina.org
(Congressional Districts: 5, 6, 8, 9, 10, & 12)
- **Piedmont Triad Council of Governments/AAA** Phone: 336-294-4950 Fax: 336-632-0457
E-Mail: kberry@ptcog.org Contact: Kim Berry Website: www.ptcog.org
(Congressional Districts: 6, 8, 12, & 13)
- **Northwest Piedmont Council of Governments/AAA** Phone: 336-761-2111 Fax: 336-761-2112
E-Mail dburgess@nwpcog.org Contact: Dean Burgess Website: www.nwpcog.org
(Congressional Districts: 5, 6 & 12)
- **Triangle J Council of Governments/AAA** Phone: 919-558-9398 Fax: 919-549-9390
E-Mail: jpellettier@tjcog.org Contact: Joan Pellettier Website: www.tjaaa.org
(Congressional Districts: 2, 4, 6, & 13)
- **Kerr Tar Regional Council of Governments/AAA** Phone: 252-436-2040 Fax: 252-436-2055
E-Mail: dcox@kerrtarco.org Contact : Diane Cox Website : www.kerrtarco.org
(Congressional Districts: 1, 2 & 13)
- **Upper Coastal Plain AAA** Phone: 252-235-5956 Fax: 252-234-54971 E-Mail: jriddle@ucpcog.org
Contact : Jody Riddle Webiste ; www.ucpcog.org (Congressional Districts : 1, 2 & 3)
- **Mid-Carolina Council of Governments/AAA** Phone: 910-323-4191 Ext. 26 Fax: 910-323-9330
E-Mail: ctracy@mccog.org Contact: Carolyn Tracy Webiste: www.mccog.org
(Congressional Districts 2, 7 & 8)
- **Lumber River Council of Governments/AAA** Phone: 910-618-5533 Fax: 910-521-7556
E-Mail: mks@mail.lrcog.dst.nc.us Contact : Margaret Kelly Webiste : www.lumberrivercog.org
(Congressional Districts : 7 & 8)
- **Cape Fear Council of Governments/AAA** Phone: 910-395-4553 Fax: 910-395-2684
E-Mail: jjones@capefearcog.org Contact Jane Jones Website: www.capefearcog.org
(Congressional District: 7)
- **Eastern Carolina Council of Governments/AAA AAA** Phone: 252-638-3185 Fax: 252-638-3187
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(Congressional Districts: 1, 3, & 7)
- **Mid East Commission/AAA** Phone: 252-946-8043 Fax: 252-974-1852 E-Mail: cdavis@mideastcom.org
Contact : Cynthia Davis Website : www.mecaaa.org (Congressional Districts: 1 & 3)
- **The Albermarle Commission/AAA** Phone: 252-426-5743 Fax: 252-426-8482
E-Mail: sscurria@simflex.com Contact: Susan Scurria Website: None (Congressional Districts : 1 & 3)