

SE4A Workshops 2023

Workshop Session 1: Monday, August 28 10:30 am - 11:45 am

<p>Elder Rights - Justice - Ageism</p> <p>Coolidge DE</p>	<p>Creating a Dementia Friendly Community</p>	<p>Kitty Hancock, Dementia Friendly WNC Steering Committee Member</p> <p>Denise Baker, Dementia Friendly WNC Steering Committee Member</p>	<p>An estimated 20,000 plus people currently are living with dementia in WNC. That is one in every five families. Due to the general aging of the population, one in two families are predicted to be affected in ten years. Because of the stigma and lack of understanding, people living with dementia often find themselves isolated. A Dementia Friendly business or organization is one in which people living with dementia can comfortably interact and receive services. Recognized businesses and organizations take steps to make their spaces inclusive. Staff and management embrace dementia friendly service and communication. Dementia Friendly WNC offers free interactive awareness sessions. Not only does this approach boost business but our community benefits from a commitment to diversity and inclusivity.</p>
<p>Business Development - Acumen</p> <p>Eisenhower FG</p>	<p>Expanding Your reach - Community Care Hubs, Health Plans and You</p>	<p>Kyle Sanchez, Director of Operations, Medicaid Management Services, Inc. (MMS)</p> <p>Tammi Swan, Senior Director, Long Term Care, Centene</p>	<p>In 2023 Sunshine Health/ Centene contracted with Florida's Community Care Hub, Medicaid Management Services (MMS), a sister company of Northeast Florida's Area Agency on Aging, to expand their clients' access to caregiver support services. This session will discuss the CCH model and the benefits this model brings to clients, health plans, and AAAs. This session will also discuss how your organization can assess its readiness to join a CCH, share outcomes from this partnership and review lessons learned.</p>
<p>Caregiving</p> <p>Hoover HJ</p>	<p>BE --- The Change You want to See</p>	<p>Terri Thomas, Executive Director of the Vision Resource Center</p>	<p>Be... The Change you Want to See is about elevating your voice as a senior and caregiver in advocacy. In the presentation, the benefits of senior advocacy will be discussed not so much from a political viewpoint but health, wellness, and staying relevant in your community. The presentation will also focus on caregiver advocacy helping the seniors to navigate during doctor and hospital visits and advocating for their needs. Be... The Change you Want to See allows seniors/ caregivers to devise creative</p>

			ways to command the attention of those shaping our communities and making decisions for their lives.
<p>Health - Long Term Care - Technology</p> <p>Roosevelt L</p>	Care Navigation Adventures along the Care Continuum	Maureen Williams, MEd, BSN, RN, CCM, Director of Care Navigation, Four Seasons	Aging Life Care Professionals are uniquely positioned to help clients and families through life transitions, engage community resources, advocate for essential services, plan for the planned and unexpected, and navigate through the health care system. This session will describe the value of just such a professional on a client's team along the health care continuum, providing support and services to ensure the right care is provided at the right time—because that's the right thing to do.
<p>Access to Services & Support</p> <p>Taft MN</p>	Your Community; Collective Action for Deep and Durable Impact	<p>Steven Studebaker, AARP</p> <p>Melissa Witmeier, Director Henderson County Council on Aging</p> <p>Jennifer Teague, Program Manager Aging and Adult Services Buncombe County</p> <p>Alison Climo, Community Engagement Specialist, UNC Cares at School of Social Work, Chapel Hill</p> <p>Janice Tylor, Aging Director, Orange County Government</p> <p>Helen Mack, President of AARP NC, and Age Friendly Community of Forsyth County</p> <p>Lee Covington, President and CEO of Senior Services Inc., Forsyth County</p>	Movement Building lays the emphasis on reforming the systems where improvements alone will not make a difference. By looking outside our silos of activity and funding, movement-building leaders bring together diverse groups of stakeholders, service recipients, and those not in traditional institutions or seats of power, to build a vision of the future based on common values and narratives. Movements open up people's hearts and minds to new possibilities, using existing resources and community assets. Movements create the receptive climate for new ideas to take hold, thus emboldening policymakers and system leaders to produce sustainable change in both approach and delivery of equitable, inclusive, affordable, livable and age friendly community-based services and environment.

<p>Senior Centers - Wellness - Evidence Based</p> <p>Wilson OP</p>	<p>Enriching Mental Health with Complementary Treatments</p>	<p>Andrea Wright, MSW, LCSW, CDP</p> <p>Laura Bridges, LRT/CTRS, QMHP, LMBT</p> <p>Tammy L. Stevens, RN,BSN, CDP</p>	<p>This course covers a variety of complementary treatments for overall mental health that can support managing everyday stressors and improving wellness. These treatments can create opportunities for balance, stability, and stress reduction. During this presentation we will explore the topics of Essential Oils, Massage, Music, and Laughter.</p>
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Workshop Session 2: Monday, August 28 1:45 pm - 3:00 pm

<p>Elder Rights - Justice - Ageism</p> <p>Coolidge DE</p>	<p>The Importance of Coordinated Community Response in Responding to Abuse Against Older Adults</p>	<p>Kelly Anderson, 30th Judicial District Domestic Violence-Sexual Assault Alliance Inc.</p>	<p>Examining how community collaborations and networking best support older survivors through providing resources that are available and accessible to a community. The audience will learn the goals of a CCR (Victim safety, perpetrator accountability, community education, strengthen individual knowledge, and working towards beneficial system changes), while also learning best practices to implement a CCR team within their community. The session will end with a case study regarding an adult experiencing abuse and how a CCR will collaborate to meet the needs of a senior survivor.</p>
<p>Business Development - Acumen</p> <p>Eisenhower FG</p>	<p>North Carolina's Multisector Plan for Aging (MPA)</p>	<p>Rebecca Freeman, MPH, Consumer Affairs and Legislative Liaison</p> <p>Divya Venkataganesan, MPH, State Aging Plan Lead</p>	<p>Across the country, states are recognizing the need to conduct high-level, cross-sector planning to prepare for the aging population and ensure that the needs of older adults, people with disabilities, and family caregivers are met over the coming decade. A multisector Plan for Aging (MPA) establishes a 10-year blueprint that guides the restructuring of state and local policy and programs while connecting the public, private, and independent sectors in modernizing and creating systems-based solutions that touch all major areas of the aging life experience. North Carolina, along with nine other states, was selected by the Center for Health Care Strategies (CHCS) to participate in a multi-state learning collaborative to advance Multisector Plans for Aging and build upon work already underway. Participation in</p>

			<p>the learning collaborative has helped North Carolina better prepare for the challenges and opportunities on an aging state and leverage and align with current initiatives. This session will allow participants to learn about the core tenants and best practices for MPA development and how NC is laying the groundwork to develop its own MPA. Presenters will share their experiences and lessons learned to help inform other states interested in developing an MPA.</p>
<p>Caregiving</p> <p>Hoover HJ</p>	<p>Caregivers and Basketball: What do they have in common?</p>	<p>Laura Jane Strunin, Trualta Relationship Manager</p>	<p>What does a college men’s basketball team and the aging network have in common? They bring people together! And, as we discuss in this session, a unique way to drive self-identification from local caregivers. We will share a case study from North Carolina that highlights the innovative approach taken in partnership between NCDHHS and the UNC men’s basketball team players to identify caregivers to deliver educational support. The players leveraged Instagram to self-identify caregivers and connect them to evidence-based training, to assessments and resources from NCDHHS to further connect with their peers across the state and beyond! Join us in this session to learn about how North Carolina has leveraged their community’s love for NCAA basketball to deliver caregiver support and explore how your community’s unique passions can be leveraged to bolster FCSP program engagement.</p>
<p>Health - Long Term Care - Technology</p> <p>Roosevelt L</p>	<p>Filling in the Gaps of Mental and Oral Health Disparities among Older Adults</p>	<p>Andrew Zeldin, New Hanover County Senior Resource Center</p> <p>Amber Smith, New Hanover County Senior Resource Center</p> <p>Betsy Lee White RDH, BS, FSCDH</p> <p>Dr. Bill Milner, D.D.S, M.P.H</p>	<p>NHC Senior Resource Center created two new innovative programs at their center. A Licensed Clinical Therapy and Free Dental Services program. Using ARP funds, we created a Licensed Clinical Therapy Program for older adults 55+ to ensure access to mental health counselors through the county’s Senior Resource Center, increasing accessibility for older adults to therapists meeting with them in person, telehealth, or in the home for homebound seniors. The older adult dental program provides comprehensive dental care for low-income older adults aged 55 and older. This service began in July 2022 and is provided</p>

			through NHC Health and Human Services and the Senior Resource Center, in partnership with Access Dental Care, Inc. During our session we would talk about the why, how, benefits, outcomes, and the connection between both programs.
<p>Access to Services & Support</p> <p>Taft MN</p>	<p>What's Unique in the Southeast? Trends from USAging's National AAA Survey</p>	<p>Beth Blair, Senior Research Associate, USAging</p> <p>Traci Wilson, Director of Research, USAging</p>	<p>Come learn about how AAAs are adapting to meet evolving needs and challenges! Presenters will share results from the 2022 National AAA Survey, highlighting data on AAAs in the Southeastern states, including trends on AAA involvement in social engagement, housing, DEI initiatives and COVID-19 partnerships. Attendees will learn about new resources, including infographics, slide decks, reports, and data briefs and how agencies can use them to promote their work, advocate for increased funding or flexibilities and benchmark their agency.</p>
<p>Senior Centers - Wellness - Evidence Based</p> <p>Wilson OP</p>	<p>Reopening Congregate Meal Sites: A National Survey of the Nutrition Provider Network</p>	<p>Meredith Whitmire, Policy and Advocacy Director, NANASP</p> <p>Laura Borth, Policy Analyst, NANASP</p>	<p>The National Association of Nutrition and Aging Services Programs (NANASP) worked with the federal Nutrition and Aging Resource Center to survey hundreds of nutrition providers and AAAs nationwide in fall 2022 on congregate meal site reopening practices. Through these surveys, smaller focus groups, and individual interviews, NANASP has compiled a report that summarizes best practices for congregate programs to consider as they operate post-pandemic. This session will provide an overview of the report and a summary of the analysis, discuss the future of congregate nutrition programs, and detail ways in which AAAs can support local providers moving forward.</p>

Workshop Session 3: Monday, August 28 3:30 pm - 4:45 pm

<p>Elder Rights - Justice - Ageism</p> <p>Coolidge DE</p>	<p>Legal Remedies for Victims of Elder Abuse and Financial Exploitation</p>	<p>Casey Steen, Pisgah Legal Services</p>	<p>The goal of the presentation is to help service providers identify potential signs of elder abuse and financial exploitation. This presentation will also cover scams/ frauds that target vulnerable seniors. This presentation will end with laying out some of the legal remedies that might be available for those seniors, and the process for making referrals to Pisgah Legal Services.</p>
<p>Business Development - Acumen</p> <p>Eisenhower FG</p>	<p>Savvy Caregiver: Exploration into becoming Savvy Caregivers and Savvy Providers</p>	<p>Jason Martino, Director of Planning, Area Agency on Aging of Pasco-Pinellas</p>	<p>The AAAPP has been providing Evidence Based programs covering falls prevention and chronic disease management, funded under OAA Title IIID for over 20 years. AAAPP researched and determined that evidence-based services to caregivers were an unmet need in our PSA and that Savvy Caregiver would be the best way to address this growing need. The AAAPP will present an overview of the Savvy Caregiver curriculum, the initial start-up activities, the evolution of this program from PSA to statewide, outreach to targeted populations and the lessons we have learned regarding the evolution of this national program. The overall intent of this presentation is to provide information to other AAAs to understand the efficacy of the program and how it can be replicated in your AAA.</p>
<p>Caregiving</p> <p>Hoover HJ</p>	<p>AASC CARES</p>	<p>Eva Musick, Care Coordinator, Appalachian Agency for Senior Citizens</p>	<p>AASC's Caregiver Assistance & Relief Education Services Program (CARES) provides in-home counseling and support to caregivers to better manage behavioral challenges that accompany dementia. Counselors provide educational materials, follow-up communication and tools to manage effects, along with community resources to support the individual and caregiver in remaining healthy and happy at home. CARES utilizes a unique approach because the counselor meets with family in the home, affording an opportunity to better serve needs. The counselor helps the caregiver realize a community of services is available to maximize quality of life and prevent or delay the institutionalization of their loved one.</p>

<p>Health - Long Term Care - Technology</p> <p>Roosevelt L</p>	<p>Navigating Long-Term Care: Placement and Advocacy</p>	<p>Cindy Kincaid, MA, CADDCT, CDP, Aging Program Manager, Centralina Regional Council</p> <p>Kim Johnson, MS, Senior Regional Long Term Care Ombudsman, Piedmont Triad Area Agency on Aging</p> <p>Laura Jett, BSW, Regional Long Term Care Ombudsman, Mid-East Commission Area Agency on Aging</p>	<p>This session will focus on placement into long term care facilities and effective advocacy after placement, including the importance of the Ombudsman Program. Learn what questions to ask and tools to utilize as you assist a senior or family in understanding the placement process. After placement, help families understand strategies for strong advocacy efforts, who to talk to in your facility to get results and the role of the ombudsman in resident advocacy.</p>
<p>Access to Services & Support</p> <p>Taft MN</p>	<p>BLENDing innovative approaches to older adult services to leverage funding opportunities</p>	<p>Natasha Vos, MPH, RDN- Senior Project Manager, NC Center for Health and Wellness, UNCA</p> <p>Miranda Taylor, Nutrition Aging Specialist, Piedmont Triad Regional Council</p>	<p>The Better Living through Education and Nutrition for persons with Diabetes (BLEND) pilot project works to facilitate healthcare investments in OAA services through a Food is Medicine intervention, linking Title III-C home-delivered meal services and Title III-D diabetes services to improve health outcomes in several counties in central North Carolina. Working with a regional Area Agency on Aging, this project connects older adults with diabetes to medically tailored meals and Diabetes Self-Management Education and Support (DSMES) through a referral pathway that consists of regional healthcare providers, community health workers, meal providers and senior centers. This project demonstrates the potential that a collaborative approach connecting foundational nutrition and health promotion services for older adults can effectively support social determinants of health and build a case for healthcare investments in these services.</p>

<p>Senior Centers - Wellness - Evidence Based</p> <p>Wilson OP</p>	<p>Leveraging the Power of a Virtual Team to Provide Access to Nutrition and Wellness Programs</p>	<p>Dr. Lesley Clack, Associate Professor/Chair, Florida Gulf Coast University</p> <p>Dr. Whitney Bignell, Assistant Professor, East Tennessee State University</p> <p>Mariana Yeager, Wellness Consultant, Northeast Georgia Area Agency on Aging</p>	<p>In this session, we will share the experiences of a virtual wellness team located in three separate states in providing nutrition and health programs to older adults. We will describe the mix of services provided and the coordinated approach used by the team. We believe that this approach could easily be replicated and expanded in other areas and could lay the foundation for a new network of virtual health promotion specialists who work to decrease health inequities among older adults.</p>
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Workshop Session 4: Tuesday, August 29 10:15 am - 11:30 am

<p>Elder Rights - Justice - Ageism</p> <p>Coolidge DE</p>	<p>How to eat an elephant: the path to APS Improvement</p>	<p>Joyce Massey-Smith, Director NC DHHS DAAS</p> <p>Lavern Blue, Specialist NC DHHS DAAS</p>	<p>The session will describe how NC is working to improve APS through our Elder Justice funding. We will describe how we created a vision, brought stakeholders together, created a governance structure and made key decisions.</p>
<p>Business Development - Acumen</p> <p>Eisenhower FG</p>	<p>Telling your Story: Education and Advocacy for Programs</p>	<p>Stacy Friesland, Foster Grandparent Program Manager, Land of Sky Regional Council</p> <p>Dee Heinmuller, Senior Companion Program Manager, Land of Sky Regional Council</p>	<p>Building a positive relationship with elected officials and community stakeholders is one of the best ways to strengthen local, state and national support for your program. A high-quality visit can help foster relationships that will benefit your program for years to come. But where does one start? In this workshop we will learn more about advocacy and education- what is the difference and why does it matter. We will also discuss the process of educating and the impact of telling your program's story, building a positive relationship with elected officials, give examples of best practices when engaging educating and building a positive relationship with elected officials, and share examples of best practices when engaging in key audiences.</p>

<p>Caregiving</p> <p>Hoover HJ</p>	<p>Spilling the T.E.A. with Family Caregivers Advocates</p>	<p>Amanda Mlinar - Family Caregiver Advocate Supervisor, Appalachian Area Agency on Aging</p> <p>Dorinne Dubois - Family Caregiver Educator CDP, Appalachian Area Agency on Aging</p>	<p>During this session, we will discuss best practices that we have found to be effective in the Appalachian Region's Family Caregiver Support Program. We will discuss practices such as our Cup of T.E.A. Program, which provides in-home education, partnerships we have formed to provide counseling to our caregivers, and how we are developing our seniors raising children program. We will also talk about the obstacles we have encountered and how we have overcome some of them. Afterwards, we will facilitate an interactive discussion to learn about other agencies' best practices for their FCSP.</p>
<p>Health - Long Term Care - Technology</p> <p>Roosevelt L</p>	<p>Setting the PACE for Aging</p>	<p>Brian Beck, CEO Appalachian Agency for Senior Citizens</p> <p>Wayne Damron, Director of Aging Services, Appalachian Agency for Senior Citizens</p> <p>Dana Collins, PACE Program Director, Appalachian Agency for Senior Citizens</p> <p>Andy Altizer, Mt. Rogers Operations Manager, Appalachian Agency for Senior Citizens</p>	<p>Appalachian Agency for Senior Citizens' Program of All-inclusive Care for the Elderly (PACE) allows individuals 55 years of age and older who qualify for nursing home level of care to remain in their homes and communities as long as safely possible. PACE addresses the social determinants of health, promotes social engagement and reduces social isolation. With a focus by the Department of Medical Assistance Services to encourage programs in all areas of the Commonwealth, PACE is the future of aging in Virginia. PACE connects affordable housing, transportation, health care and support services that contribute to improving participants' quality of life.</p>
<p>Access to Services & Support</p> <p>Taft MN</p>	<p>Innovation through Partnerships and Voucher Programs to Strengthen Older American Act Programs</p>	<p>Joy Shirley, Director, Three Rivers Area Agency on Aging</p> <p>Belinda Meadows, Program Manager, Three Rivers Area Agency on Aging</p> <p>Brooke Rakestraw, Special Projects Coordinator, Three</p>	<p>In coming back into the office and acclimating to post pandemic life, our agency was faced with a real need to mobilize services quickly to caregivers and high-risk clients who have been on our waiting list for services. As a result, we mobilized 10 pilot programs to better meet our caregiver and client needs quickly and effectively: assistive technology, material aid assistance, frozen meals, fresh food vouchers, homemaker, personal care and respite vouchers, yard work vouchers, cleaning vouchers, and home modifications. In utilizing our already formed</p>

		Rivers Area Agency on Aging	partnerships along with highly motivated existing staff, we were able to serve approximately 954 individuals in six months. The impact of being able to serve our clients and caregivers who are calling in and needing immediate assistance strengthened our Aging Department and improved morale as staff were able to quickly provide services to clients while clients are placed on a waiting list for services.
<p>Senior Centers - Wellness - Evidence Based</p> <p>Wilson OP</p>	<p>Fall Prevention Classes in the High Country, NC: exploring a model focused on collaboration, outreach, effectiveness, sustainability.</p>	<p>Sia Beasley, High County Area Agency on Aging</p> <p>Amber Chapman, Appalachian State University</p> <p>Nicole Hiegl, NC TCAFP Training Academy Coordinator</p>	<p>This session will showcase the partnership between Appalachian State University and the High Country Area Agency on Aging and their current model of offering evidence-based fall prevention classes in the rural mountains of North Carolina. The presenters will explore their successes and challenges in offering classes, conducting outreach, and building a sustainable structure of fall prevention classes in the High Country. They will highlight the impact of these classes and explore the community affinity for Tai Chi and best practices to cultivate enthusiasm and support participants and instructors. The presenters will also discuss the opportunities that arise from institutional collaboration and how they navigate this partnership. This session will be ideal for aging professionals, university researchers, and people generally interested in fall prevention classes.</p>

Workshop Session 5: Tuesday, August 29 1:00 pm - 2:15 pm

<p>Elder Rights - Justice - Ageism</p> <p>Coolidge DE</p>	<p>Start the Conversation: Advance Directives and Advanced Care Planning</p>	<p>Kyla Boyles, CarePartners Director of Intake and Market for Home Health and Hospice</p>	<p>This presentation will cover how to start the conversation about advance care planning. Thinking about getting sick can be scary. Sometimes people think the conversation is only for when you're sick or older. Many times, our loved ones feel uneasy talking about the subject but having a conversation about advance care planning is very important. Even though it's hard, the best time to talk about it is now. It's easier than waiting until you become ill. Having the time for discussion and reflection can often help families and loved ones understand each other's</p>
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			views about end-of-life care. This presentation will give tips for starting the conversation like using articles, TV shows, movies, or current events. Other triggers include sermons, funerals, and medical checkups. Even talking about the death of someone you know can get you started. Learn how to approach the conversation and resources for advance care planning.
<p>Business Development - Acumen</p> <p>Eisenhower FG</p>	<p>Managed LTSS: Getting your AAA Ready for Business Transformation</p>	<p>Marisa Scala-Foley, Director, Aging and Disability Business Institute, USAging</p> <p>Paul Cantrell, CEO, Clear View Strategies, LLC</p> <p>Sharon Williams, CEO, Williams Jaxon Consulting, LLC</p>	<p>The growth of populations of older adults and persons with disabilities that utilize Medicaid services significantly impacts state Medicaid budgets. As states look to expand service coverage, address social drivers of health, promote health equity and increase quality of care, they increasingly turn to managed long-term services and supports (MLTSS), which relies on managed care organizations to deliver integrated health care, social care and LTSS. AAAs must be actively engaged in these system transformations to carve a niche in MLTSS for their sustainability and for their clients' well-being. This workshop provides an orientation to MLTSS and offers strategic insight to help AAAs leverage advocacy/engagement to assure they have a seat at the MLTSS and SDOH transformation table.</p>
<p>Caregiving</p> <p>Hoover HJ</p>	<p>Why Independence is Important for Seniors: The unfortunate loss of individuality and autonomy</p>	<p>Carol Allison, MFP Community Inclusion Consultant, Land of Sky Regional Council</p>	<p>The session will start with an introduction followed by an exercise that will allow participants to explore what independence means to them. (15 mins) We will then define individuality vs. autonomy and how each effects senior independence. Everyday scenarios will be provided showing how seniors can suffer loss of independence. After each scenario we will discuss possible approaches to combat the loss of a senior's independence. (30 mins) We will end the session by breaking into small-groups where participants will talk about real world situations that they have encountered, brainstorm possible solutions and/or share how they provided opportunities for independence in those situations.</p> <p>Depending on how many groups there are each group will be given a time to share their work. (30 mins)</p>

<p>Health - Long Term Care – Technology</p> <p>Roosevelt L</p>	<p>Juntas somos mejores/Together We are Better: Interdisciplinary Collaboration Spanish Focused Vaccine Outreach</p>	<p>Debi L. Lee, Assist Director Aging Programs, Centralina Regional Council</p> <p>Luke Lowry, Regional Planner, Centralina Regional Council</p> <p>Reaghan Murphy, Regional Planner, Centralina Regional Council</p>	<p>This session will discuss the successful outreach efforts of one AAA's multidisciplinary approach to COVID-19 Vaccine Outreach. The project highlights several important lessons for organizations pursuing public health initiatives at regional and local scales. By partnering with interdepartmental regional planners, CAAA used GIS mapping, targeted community engagement, and language sensitive multi-media materials to identify areas in the region with the highest need for resources and support as well as the critical partnerships to reach those who are slow adopters of the COVID vaccine. The presentation will focus on lessons learned and recommended strategies for other organizations.</p>
<p>Access to Services & Support</p> <p>Taft MN</p>	<p>H2H: Alabama Hospital to Home Transition Program</p>	<p>Jenni Rector, BSW, Hospital to Home State Coordinator, Southern Alabama Regional Council on Aging</p>	<p>The Alabama (H2H) Hospital to Home transition program connects eligible individuals with assistance to Alabama Medicaid Agency funded HCBS programs necessary in returning the individual to the community setting (home). Eligible individuals include those that are currently patients in an acute care setting, receive Full Alabama Medicaid benefits, when necessary, have an able and willing caregiver in the community, have a home to return to, and agree to receive these services. The H2H program acts to divert individuals from a skilled care setting. No LTC Nursing Home stay is required. This session will describe the Alabama H2H program and detail the Alabama AAA Network in piloting and implementing the H2H program across various Alabama AAAs.</p>
<p>Senior Centers - Wellness - Evidence Based</p> <p>Wilson OP</p>	<p>Addressing Social Isolation and Loneliness: Resources from USAging and NCBAM</p>	<p>Rebecca Levine, Senior Program Manager, EngAGED, USAging</p> <p>Jessica Machler, Program Manager, Rural Health and Social Engagement, USAging</p> <p>Melanie Beeson, NCBAM One Hope Director</p>	<p>On a national level, USAging supports Area Agencies on Aging as they work to increase the social engagement of older adults, people with disabilities and caregivers through several initiatives. On a local level, the North Carolina Baptist Aging Ministry (NCBAM) provides church and community-based outreach efforts, including the One Hope program, to reduce isolation and loneliness and provide a path to connection through regional partnerships. This session will highlight a variety of replicable social engagement programs and practices and showcase tips, tools, strategies and resources, including information on meeting</p>

		Dr. Sandy C. Gregory, NCBAM Ministry Director	the social engagement needs of rural older adults.
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Workshop Session 6: Tuesday, August 29 2:30 pm - 3:45 pm

<p>Elder Rights - Justice - Ageism</p> <p>Coolidge DE</p>	<p>Responding to Elder Abuse: Bridging the Gap Between Aging and Victim Services</p>	<p>Catherine Johnson, Director of the Guilford County Family Justice Center</p> <p>Kim Johnson, Senior Regional Long-Term Care Ombudsman at Piedmont Triad Regional Council Area Agency on Aging</p> <p>Heather Magill, Elder Justice Specialist Coordinator at Guilford County Family Justice Center</p>	<p>Since the inception of the Guilford County Family Justice Center in 2015, there has been a strong emphasis on integrating elder abuse services. The Guilford County Family Justice Center’s Elder Justice Committee (EJC) was established to bridge gaps in resources, education and community response to elder abuse. This presentation will include an overview of the journey to establish and sustain a thriving EJC in Guilford County. In addition, presenters will share case examples highlighting the need for collaboration and coordinated response to meet the demand of elder abuse survivors.</p>
<p>Business Development – Acumen</p> <p>Eisenhower FG</p>	<p>Volunteer Engagement: Strategies for Program Success</p>	<p>Amanda Plumley, Long Term Care Ombudsman, Volunteer Coordinator, SC Appalachian Council of Governments</p>	<p>During the session a presentation will be given on best practices that have proven to be successful in the Appalachian Region of South Carolina, Volunteer Ombudsman Program. I will facilitate an interactive discussion to explore ideas that build strong relationships to create a stronger, long-lasting volunteer program. Participants will explore personal connection styles while learning new tools to create meaningful connections with volunteers that lead to a viable retention strategy in volunteer management.</p>
<p>Caregiving</p> <p>Hoover HJ</p>	<p>Meeting People Where They Are: Grandparents and Caregivers</p>	<p>Amanda Davis, BSW, National Family Caregiver Coordinator, KIPDA -AAAIL</p> <p>Mary Anne Hall, Kentucky Family Caregiver, Grandparents Raising Grandchildren, KIPDA - AAAIL</p>	<p>In order to have a successful Caregiver program you need to know where the Caregivers are. We will discuss the who, what, when, where, and why’s of a successful Grandparent and Caregiver Program. Who we are reaching, what we are reaching them for, when & where we find them, and why we need to meet the Grandparents and Caregivers where they are.</p>

<p>Health - Long Term Care - Technology</p> <p>Roosevelt L</p>	<p>Live From DC: What Advocates Need To Know Now About Federal Aging Policy</p>	<p>Amy Gotwals, Chief, Public Policy and External Affairs, USAging</p>	<p>Get updated on federal policy without going to DC! USAging's policy chief will bring you up to speed on the latest federal aging, budget and health care policy activity, and what it means for your work and the older adults and caregivers you serve. You will leave with a better understanding of how Washington works now, what's happened so far this Congress and what's ahead that advocates must be prepared for!</p>
<p>Access to Services & Support</p> <p>Taft MN</p>	<p>The Critical Need for and Potential Power of Vision Rehabilitation Services for Older People with Vision Loss</p>	<p>Pris Rogers, Special Advisor on Aging & Vision Loss, Aging and Vision Loss National Coalition, VisionServe</p> <p>Crystal Jackson Cheek, Program Director for the North Carolina Department of Health and Human Services, Division of Services for the Blind</p>	<p>The presenters will highlight the findings of a Big Data project undertaken by the Aging and Vision Loss National Coalition to determine the prevalence of older people with vision loss in this country on a state and county level basis. The report includes information on age, gender, race, socioeconomic status, education levels, and chronic conditions. The presenters will discuss the national report, showcase findings for NC and Tennessee, and lead a discussion of the service implications of the report. They will also discuss the importance of vision rehabilitation services in helping older people new to vision loss maintain independence and of the aging, health, and vision rehabilitation networks working together to ensure the provision of equitable and timely services.</p>
<p>Senior Centers - Wellness - Evidence Based</p> <p>Wilson OP</p>	<p>B-4, I-26, N-41, G-59, O-74...Now let's warm up our muscles and get to moving!</p>	<p>Ashley Adcox, Aging Programs Director, Area Agency on Aging of West Alabama</p>	<p>Bingocize is an evidence-based program, developed by Dr. Jason Crandall of Western Kentucky University, that combines the game of Bingo, Exercise, and Health Education. It is a socially engaging group-based program that helps attendees increase their physical and social activity while playing the game of Bingo. We host the 10-week program at senior centers and retirement communities through paid and volunteer lay leaders. This interactive workshop will demonstrate how you can have fun while taking care of your physical health.</p>